

*Imparting Knowledge...*

*Enhancing Skills...*

*Changing Attitudes...*

**Capacity Building Program with Field Exposure in  
"Community Driven Development" (CDD)  
for International Participants  
2012-13**



Bala Vikasa

**Bala Vikasa People Development Training Center**

*"Investing in People"*

**SOPAR:** SOPAR is a Canadian non-profit, secular, non-government voluntary organization. Bala Theresa Singareddy Gingras and Andre Gingras founded SOPAR in 1977 with a mission to alleviate poverty in India. Similarly, in 1990, they founded Bala Vikasa in India as SOPAR's counterpart. SOPAR helps Bala Vikasa technically and financially in carrying its mission.

**BALA VIKASA:** Bala Vikasa is an Indian non-profit, secular, non-government voluntary organization, extensively involved since 1990, in the development of the rural poor and marginalized communities in India with a motto of *'helping people to help themselves'*.

**BALA VIKASA PEOPLE DEVELOPMENT TRAINING CENTER (BV PDTC):** Over the past 22 years, Bala Vikasa has gained a wealth of knowledge and experience in implementing development programs that have drastically changed the lives of millions. To share this knowledge, experience and to enhance the capacities and skills of community development workers, Bala Vikasa established its People Development Training Center (PDTC) in 2002 with a motto of *'investing in people'*. Training Programs organised at BV PDTC are sponsored mainly by SOPAR and CIDA (Canadian International Development Agency).

Over the past one decade, the global reach of the institute has grown immensely. More than 3724 development professionals from 27 countries in Asia, Africa, Europe and America have benefited from BV PDTC's national and international training programs. The increasing number of participants and countries each year is an indication of BV PDTC being recognized as "Center of Excellence" in Community Development.

Bala Vikasa PDTC is in the forefront within the field of community driven development. Every year, it is designing a number of training modules based on its grassroots experience and keeping them relevant to the situation of development sector.

The participants from various countries have expressed that the training programs at BV PDTC are very relevant, unique and are highly helpful in building professionalism among the 'agents of change'.

One of the unique features of BV-PDTC's capacity building programs is "Field Exposure", that enables the participants to experience the link between theory and grassroots realities.

**TAILOR MADE PROGRAMS:** BV PDTC designs and delivers special training programs as per the needs of the NGO's from India and abroad at Bala Vikasa PDTC campus.

**OVERSEAS TRAINING PROGRAMS:** On the request of South Asian NGO's, BV PDTC is conducting capacity building programs in neighboring countries in order to benefit large number of NGO's. In this process, BV PDTC has already organised two overseas programs in 'Community Driven Development' in Bangladesh in collaboration with "Village Education Resource Center (VERC)", Bangladesh.

**CAPACITY BUILDING PROGRAM IN “COMMUNITY DRIVEN DEVELOPMENT” (CDD) WITH FIELD EXPOSURE:** The goal of Community Driven Development(CDD) is to increase the level of understanding of the participants on community development concepts and familiarize them with various approaches and tools that can be applied in the process of empowering the community.

**OBJECTIVES**

**Imparting Knowledge**

For a better understanding of sustainable development  
 To familiarize oneself on various approaches of community driven development

**Developing abilities and tools**

To familiarize oneself on various approaches of community organizational tools.

**Enhancing values and change of attitudes**

To enhance one’s understanding of and respect for local communities and their inherent capacities to work for their own development.

**PROGRAM STRUCTURE**

**Development Approaches and Methodologies**

- Cross Cultural Orientation (CCO)
- Culture and Development (CD)
- Sustainable Development (SD)
- Asset Based Community Development (ABCD)
- Appreciative Inquiry (AI)
- Participatory Rural Appraisal (PRA)

**Skills to be Agents of Change**

- Development Communications (DC)
- Conflict Resolution (CR)
- Neuro Linguistic Programming (NLP)

**Organizational Development**

- Strategic Planning (SP)
- Result Based Management (RBM)
- Planning, Monitoring and Evaluation (PME)

**Field Exposures**

- Model Village
- Justice to Widows
- Care and share with orphan children
- Organic Farming
- Community owned Water Purification Plant

**Development Issues**

- Gender Mainstreaming
- Environment

**DATES AND DURATION OF CDD PROGRAMS**

**Community Driven Development - 2 weeks**

CDD	16-28 July 2012
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**Community Driven Development - 4 weeks**

CDD-1	3-27 September 2012
CDD-2	5-29 November 2012
CDD-3	7-31 January 2013

**PROGRAM COST**

- CDD - 2 weeks INR 20,000, \$ 400
- CDD - 4 weeks INR 40,000, \$ 800  
*(Partial scholarships available on FCFS basis)*

**SPONSORSHIP**

To encourage the participation of NGO’s in capacity building programs, Bala Vikasa PDTC provides food and accommodation (non A/C rooms on 3 sharing basis) within the premises of BV PDTC, at its own cost.

## WHO SHOULD ATTEND?

- Development practitioners with minimum of three years experience and working in mid to senior level in national and international non-government organizations.
- Private sector and government department personnel that work in partnership with communities, internationally or in India.
- Candidates who wish to get involved with Social/International development
- The eligible candidates should have competence in english for effective interaction and participation.

**TRAINING TEAM:** Bala Vikasa PDTC staff members are professional development practitioners with extensive field experience in community development. The facilitators use participatory methods drawing out the insights and experiences of learners, while at the same time introducing new ideas and approaches to community development.

## TRAINING METHODOLOGY:

- Interactive methods which bridge the gap between theory and practice.
- Group discussions / exercises / presentations which fosters learning relationship.
- Analysis of development projects and programs presented through video films.
- Field exposure visits to relate the theory to ground reality.
- Participants are encouraged to reflect on their own experience throughout the program.

## APPLICATION:

- Can be downloaded from [www.balavikasa.org](http://www.balavikasa.org).
- The duly filled in form should be sent to [balavikasapdte@gmail.com](mailto:balavikasapdte@gmail.com).
- After receiving the admission confirmation by email, the applicants are requested to process their visa.
- A passport with a valid visa for the entire duration of the course, including travel time to BV PDTC and departure from India is mandatory.
- Visa details prior to the participants arrival including travel itinerary should be forwarded to BV PDTC by email
- NGO's participating for the first time are required to submit their registration certificate and organization's annual report .

**CERTIFICATE OF PARTICIPATION:** The participants will be awarded a 'certificate of participation' on completion of the program.

## Bala Vikasa People Development Training Center

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